



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Scarborough & Ryedale Special Schools Nursing Team

Information for patients, relatives and carers

① For more information, please contact:

Scarborough and Ryedale Special Schools Nursing
Team via your child's school or to the Team Leader on
07393 762451

What service does the nursing team provide?

The nursing team supports children and young people aged 2-19 years old who have learning disabilities and complex needs and associated additional health care needs within the special school setting.

The members of the nursing team are employed by York and Scarborough Teaching Hospitals NHS Foundation Trust. We work alongside the Community Paediatricians, Children's Specialist Nurses, and Children's Community Nursing Teams.

We are based at Scarborough General Hospital and visit Springhead School, Welburn Hall School, Woodlands Academy and Brompton Hall School on a regular basis. To provide a consistent service, we also provide a health care service to the local authority community short breaks service based at Cherry Tree Lodge.

Our service is provided by a skilled team of registered nurses with specialisms including the areas of learning disability, paediatric and adult nursing. We work in partnership with children and young people, their parents and carers, education teams, children's community nurses, continuing care teams, social care and the wider multi-professional teams to enable children and young people to access their school curriculum.

Our service includes:

A Named Nurse

Every child and young person who has a health need and attends a special school is allocated a named nurse. A named nurse supports continuity of care and is the main point of contact for children and young people allocated to them. You may also contact any other member of the team.

Special School Nurse Support Worker

Our team also has a support worker. A major role of the support worker is to provide health promotion sessions in the special schools. The sessions can be on a group or 1:1 basis. They are tailored to the needs of the students and include personal hygiene, healthy eating and body development. All the information delivered in the sessions is available for parents and carers to access if they wish to do so.

Joint information sessions in conjunction with carer support groups are also held in the local community to support parents and carers.

The support worker has undertaken training in the continence issues that can affect children and young people. Advice can be given to parents/carers and school staff and toileting plans can be provided.

Care Planning

The team develops individual health care plans to meet the health care needs of children and young people. The plans are developed through collaboration with parents/carers and other professionals. The team will also support other specialist healthcare providers who produce care plans. The plans are reviewed annually, or sooner if there are any significant changes to the child or young person's health or at parent/carer request.

The care plans are used during training sessions to ensure that health needs are being appropriately met.

Medicines in school

We train and support school staff and local authority care staff to administer regular and emergency medication to children and young people. We can also support your child or young person to manage their own medication as independently as possible.

Please ensure all medication sent into school has a current pharmacy label and that you have signed a consent form for school to be able to store and administer the medication. For over-the-counter medications, please speak directly with the school or the nursing team for advice and support.

Medications in schools are reviewed regularly by the nursing team; we may hold discussions with the person who prescribed or dispensed the medication to support any reviews.

Contribution to your child's EHCP

The nursing team will contribute relevant health advice to your child's Education and Health Care Plan (EHCP) and attend meetings when possible. The nursing team may contact you prior to the meeting to discuss the information and advice we will include in the EHCP.

If you would like a member of the school nursing team to attend your child or young person's EHCP, please contact the team.

Wider Multi-Disciplinary Team visits

Some of the consultant paediatricians and specialist nurses visit the special schools, this can be co-ordinated by the nursing team. The visits provide the opportunity for reviews to be led by the child's paediatrician and specialist nurses; these can be supported by the school nursing team.

You will receive an appointment letter in the post if you have an appointment booked to attend in school.

As part of the visit, we may take your child or young person's height and weight as well as check some baseline observations including blood pressure, pulse, respiratory rate, and oxygen saturations. We are also able to offer some routine blood testing in school.

Family Support

The nursing team act as advocates and provide advice and support to families to meet their children's and young people's health care needs. The team can signpost to and refer into specialist services as necessary, source relevant information, and liaise with other health care professionals.

Promoting Continence

The special school nursing team work closely with the bladder and bowel service to ensure suitable containment products are provided through our supplier's website. This includes carrying out assessments of containment product needs and supporting the young people with any toilet training plans/progress.

We can offer advice and support to parents/carers and education staff about using the containment products effectively. Please speak to your GP, paediatrician or school nurse if your child could benefit from a referral into the bladder and bowel service.

Dental health

Special school nurses can offer advice and support to parents/carers and education staff about good oral hygiene and can support with a referral to the community dental service if required. The team are also able to provide public health promotion around oral hygiene to children and young people in class.

Enteral feeding

The school nursing team are able to support with training school and local authority staff in the safe use of enteral feeding devices and pumps. We can also change gastrostomy button devices and Nasogastric tubes if needed. We will work with your child/young person's dietician to manage feed plans in school.

Wound care and pressure areas

The school nursing team can support with managing routine wound care, stoma sites, and pressure areas. This includes offering advice to school and local authority staff as to how to provide appropriate care. We will refer to the tissue viability team for additional support if required.

Long term health conditions

The school nursing team work with other specialists to provide appropriate management of long-term health conditions. This can include providing training and support to school and local authority staff in the actions required in an emergency.

Community short breaks (Cherry Tree Lodge) and school transport

The special school nursing team coordinates the health needs of children and young people who access Cherry Tree Lodge. This includes care planning and training for relevant staff.

We also train and support school transport staff in emergency procedures and medications. Health care plans need to be shared with them for us to be able to do this.

Transition to Adult services

The team take an active role in transition planning to promote effective moves between schools and from children to adult services. Transition planning for the move to adult services will be in line with EHCP's. This will usually start at age 14 although it may be discussed at earlier opportunities. The team work closely on transitions with other health specialists as well as social care and education.

Training

The nursing team provide appropriate training and advice to education and local authority staff to enable them to meet the health needs of the children and young people in line with their health care plans. They also coordinate with relevant specialist teams to provide bespoke training around specific health conditions.

Information sharing

As part of the service, it is important that we are able to speak to relevant professionals involved in the care of your child or young person. We will ask for your permission to share information as part of the school health entry questionnaire. If you would like to discuss this further, please contact the nursing team.

How to contact the Nursing team

You can reach us at: -

**Springhead School
Barry's Lane,
Seamer Road
Scarborough
YO12 4HA**

Tel: 01723 367829

**The Woodlands Academy
Woodlands Drive
Scarborough
YO12 6QN**

Tel: 01723 373260

**Welburn Hall School
Welburn Hall
Kirkbymoorside
York
YO62 7HQ**

Tel: 01751 431218

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact the special school nursing team.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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