

# Preventing accidents to children and home safety advice

Information for patients, relatives and carers

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Accidents to children are a significant health issue. Most accidents are preventable through awareness, improvements in the home environment and greater product safety.

Under-5s are particularly at risk of being injured in home accidents, with falls accounting for the majority of non-fatal accidents and threats to breathing such as suffocation, strangulation and choking causing the highest number of deaths

RoSPA, The Royal Society for the Prevention of Accidents, is dedicated to improving home safety for children and preventing accidental injuries. RoSPA offers practical safety advice to keep children safe in their home. Please scan the QR code below to access safety resources.



① If you are unable to scan the QR code, please refer to the website: <https://www.rospace.com/home-safety/accidents-to-children>

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [yhs-tr.patientexperienceteam@nhs.net](mailto:yhs-tr.patientexperienceteam@nhs.net)

An answer phone is available out of hours.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Leaflets in alternative languages or formats**

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website: [www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/](http://www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/)

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