



# NURTURE

## Breast Feeding Support Group

Tuesday 10.00am to 11.30am  
The Avenues Children's Centre  
YO31 0UT

Thursday 1.00pm to 2.30pm  
Clifton Children's Centre  
YO30 6JA

Friday 10.00am to 11.30am  
Acomb Explore Library, Front Street  
YO24 3BZ

An invitation to expectant women and new mums

Support from a Health Visitor and Children's Centre Worker/Peer Supporter

Refreshments available on site

For more information contact:

Lynn - 07766 802979 (Breast Feeding Lead)

Yvonne - 07919 544188 (Health Visitor)

