



NURTURE

Breast Feeding Group

Offering ante-natal and post-natal women the opportunity to meet with breastfeeding Mums in an informal, social setting

A Health Visitor and Treasure Chest Peer Supporter will be available to help with any breastfeeding problems

Refreshments available

Tuesday 10.00am to 11.30am
The Avenues Children's Centre
YO31 0UT

Friday 10.00am to 11.30am
Acomb Explore Library, Front Street
YO24 3BZ

For more information contact
Lynn Fitzharris, Infant Feeding Lead - Tel: 07766802979